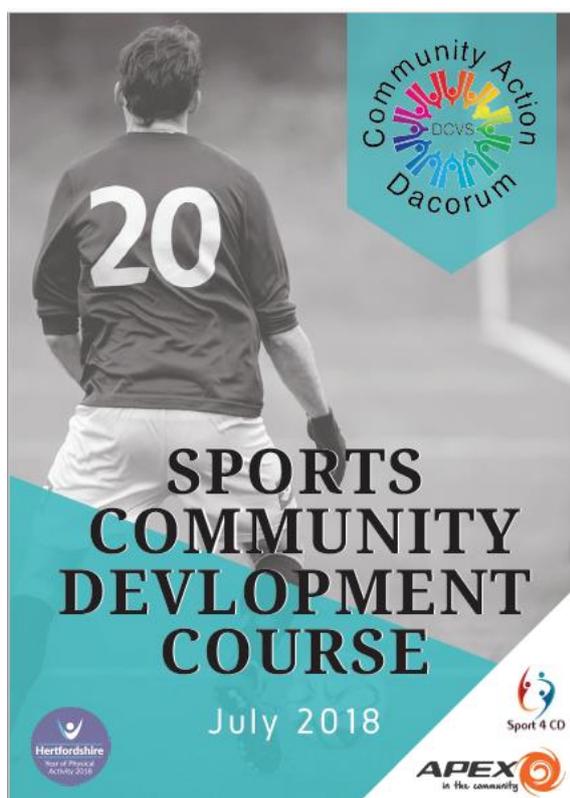


SPORT CD TRAINING MODULE REPORT

- Objectives:**
- To provide training for youth workers, sports coaches and trainers in planning sport for community development
 - To deliver the ethos, philosophy and training behind Sport for Community Development
 - To work with local stakeholders and residents to plan a community sports event and complementary activities
 - To host a day's community event suitable for a multi-generational audience
- Audience:** Youth workers, trainers and sports coaches
- The training:** CAD planned and ran two training events on July 16 and 23rd. Both events were held at Adeyfield Adventure Playground, and we recruited attendees through our contacts in the area.
- CAD developed a detailed programme based on the Sports CD modules, and incorporated local organisations with a stake in community sports. Representatives gave practical examples of how they work with their communities.
- CAD produced a flyer, below:



WHAT THE COURSE IS

Learn how to plan a Community Sports Event

A free two-day training course
covering the following topics:



Community Development

What a good sports community development event looks like



Planning a Community Development Event

How to plan an event



Running a Community Development Event

Logistics of running an event

Adeyfield Adventure Playground ~ Hemel Hempstead, HP2 4LD
Monday 16th & Monday 23rd July; 9:30am - 2:30pm
The course is free to attend - call us on 01442 253935 to book your place now!

WHAT IS THE SPORTS COMMUNITY DEVELOPMENT PROJECT?

Community Action Dacorum is one of four European partners who are involved with this Erasmus plus project called Sport Community Development. The project looks at how sports can help with community development

Want to know more? or book a place
Please contact the European Projects Team
Tel: 01442 253935
Email: alison@communityactiondacorum.org.uk

Day 1

Day 1 combined an introduction to the Sport CD project, definitions and meanings; discussion about community development and activities; presentation and discussion of good practices with practical exercises. In addition, Neil Deans, head of sport and education at Watford Football Club's Community Sports and Education Trust gave a talk about WFC's community and education outreach work.

Attendees were asked to prepare a plan for a community sports event as homework, and were shown the site where the event would be taking place. They were encouraged to ask questions about logistics to enable them to put together a comprehensive plan, involving all aspects of running an event.

Day 2

On Day 2, participants presented back their ideas for a community sports day; and the group looked at the various elements needed such as volunteers, finance, promotion. The group brainstormed ideas for improvements and Apex gave their professional input. A session on recruiting and managing volunteers and the 6 point promise was followed by a detailed discussion of the specific plans needed for the Sport CD event. The group also conducted a risk assessment, undertook a health and safety review and planned accordingly.

The date chosen for the Sport CD event was Thursday August 2nd, as it was the National Playday, making co-ordination across the borough easier.

The youth workers and sports leaders, drawn from Apex and DBC, worked together to establish the site layout, source equipment, create a programme, organise the sports and complementary activities, book catering (eg ice cream, barbeque) and recruit volunteers.

20 people attended and certificates of attendance were provided.

Sport CD event

The event took place on Thursday 2nd August between 11.00am and 4.00pm at Adeyfield Adventure playground, Turners Hill, Hemel Hempstead, Hertfordshire, HP2 4LD. The playground has a football pitch, wooden play structures, pool and table tennis table and barbecue area.

Apex sourced four inflatables, including a large slide, obstacle course, gladiator jousting and a bouncy castle. They also set up small stalls with simple games and other activities for young children.

We prepared a flyer/poster which was widely distributed in the area.

Over 1,200 people attended the event, on an exceptionally hot day during a hot dry spell of weather.

September 5th meeting and evaluation

Apex participants attended a meeting on September 5th and were invited to reflect on the training and the sport CD event. The feedback was very positive; for example:

“I loved the idea of this opportunity - great to share ideas and best practice and learn from different people with different backgrounds, needs, experience etc”

“The information delivered was mostly useful and relevant ...”

Apex staff gained “confidence in working with the staff from the APG and being able to risk assess the facilities and set up the kit for National Play Week.”

It was an “opportunity to plan and get timings right for setup and delivery and pack down” and “an insight into how others deliver and broadening knowledge and understanding of opportunities that might be out there for them”.

Sport CD training images







Disclaimer

This project has been funded with support from the European Commission. This communication material reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

LICENCE

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